



**JOIN US!**

# MERSEA 13MILE CHALLENGE

**DEC 7  
2025**

**COAST  
ROAD  
MERSEA  
ISLAND**

**Pop on Your Boots, Step Out for Popcorn!**

[WWW.POPCORNCOMMUNITY.CO.UK](http://WWW.POPCORNCOMMUNITY.CO.UK)

# Walk for Popcorn - Step Up, Give Back, and Make It Count!



Lace up your boots and join us for this year's 13-mile Popcorn Community Walking Challenge — a day of fun, friendship, muddy boots, and meaningful impact!

**Last year, 20 amazing walkers raised £1,400 for Popcorn Community. This year, we're going even bigger — our goal is £3,000!** Every step you take helps support the vital community projects and local initiatives that Popcorn makes possible.

## Event Details:

- 📍 Start: Coast Road Car Park (plenty of all-day parking £6)
- 📷 8:30am – Pre-walk talk and photos
- 🚶♀️ 9:00am – Walk begins
- 🍷 3:00–6:00pm – Celebrate your success at the Coast Inn

Expect a mix of grass, sand, tarmac, and mud, so bring your best walking boots (and a splash of festive cheer in your outfit!). Pack your own lunch and snacks — and don't forget, it's all for a great cause.



Covered in mud from wheels to head, George proved last year that even a wheelchair can't slow down our Trustee!!



## This walk is not just about distance — it's about dedication!

Your friends, family, and colleagues can sponsor you to take on this bonkers 13-mile challenge in December. They're backing you because they believe in your determination to finish, and in doing so, you're backing Popcorn Community — helping us continue our work supporting local people and projects.

### Ways to get sponsored:

### Get Sponsored - Turn Every Step into Support for Popcorn!

- Get a sponsorship form from us – we'll provide everything you need to collect donations the traditional way.
- Set up your own GoFundMe page – it's simple:
- Go to [www.gofundme.com](http://www.gofundme.com)
- Click "Start a GoFundMe"
- Choose "Charity / Fundraiser"
- Title it something like
- "My 13-Mile Popcorn Community Walk Challenge"



Tell your story, set your goal, and share your link with friends and family.  
We can provide the Popcorn logo and images to make your page look official!  
Every step, every pound raised, brings us closer to our £3,000 goal —  
and you'll have a day to remember.

**Sign up today and get your sponsors!**

Contact us:

 Phone: 07722368914

 Email: [hello@popcorncommunity.co.uk](mailto:hello@popcorncommunity.co.uk)

 Website: [www.popcorncommunity.co.uk](http://www.popcorncommunity.co.uk)

# FAQS

## What time does it start & finish?

Please arrive at 8:30 for a pre walk talk and photos. The walk starts at 9am and takes about 6-9 hours to complete so you should be finished about 3-6pm. For anyone with any energy at the end we are meeting at the Coast Inn pub for a celebratory drink.

## Where does it start and is there parking?

We will be meeting at the Coast Road car park where there is lots of parking with an all day rate of £6

## What do I need to wear?

It's cold in December so take a few layers. You will get quite warm once you're walking. Wear walking boots or wellies that won't easily let in water. The surfaces you will be walking on are grass, tarmac, sand and lots of mud which can be slippery. There are lots of sections along the southern stretch where you can choose to walk along the beach or along a road/path. Don't forget to add a bit of festive cheer to your outfit.

## Will I need to bring food?

Yes, definitely pack yourself a lunch box with some snacks and drinks.

## Are there toilets?

There are toilets at the **Coast Road car park** starting point and then when you get to **Cudmore Grove, Coopers Beach & Victoria Esplanade**. For most of the walk there will be no toilets available. Make sure you go before you set off. There's plenty of bushes

## Is any of it unsafe?

**Almost all of it is footpath** but there is a small 1/4 mile section where you will need to walk along Colchester Road and East Mersea Road where traffic can be quite fast. Please take care on this small section by keeping as far to the right as you can, stepping out of the road onto the verge to let traffic pass. There is also a section between Coopers Beach and Waldergrave's Holiday Park where the sea wall has collapsed. You can walk on the beach or take a small inland detour if the tide is in.

## Do I need to be fit to do the walk?

You don't need to be particularly fit but it will make your legs ache so is well worth trying to do at least a two mile walk in the days/weeks before to get your body into a condition for long walking. There will be a vehicle available at the half-way point to take those who feel they can't finish the walk back to their cars. The TAXI point is located between points 7 & 8 on the map.





# MAP

popcorn



Mersea Island

West Mersea

Waldegraves  
Holiday Park

East Mersea

Cudmore  
Grove  
Country Park

13 MILES



Church

Bridle Path

Coopers Beach  
Holiday Park

Cafe

Outdoors Essex

Waldergraves  
Holiday Park

## Broken sea wall

Coopers Beach Holiday Park marks the start of a small inland detour to avoid the broken and dangerous sea wall. Head north at the cafe till you get to the church, turn left onto the bridle path, head west till you get to the road, turn left and walk through the entrance to Outdoors Essex, follow the public footpath around the edge of their site and head back to the beach to reach number 3 on the map just a hop skip and jump from Waldergraves Holiday Park



**Take care walking along these roads as there are no footpaths. Keep to the right.**

The Strood

East Mersea Road



TAXI  
POINT



Footpath to Sea Wall

Colchester Road



Sea Wall

The sea wall ends at the road. Head north along Colchester Rd until you get to The Strood. Take great care here as there is no footpath and fast moving traffic. Keep well to the right.

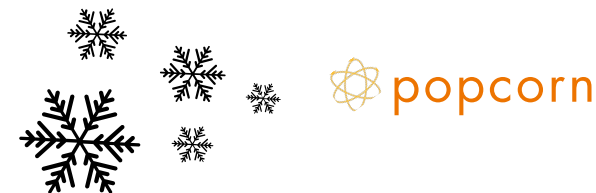
Turn right onto East Mersey Road. Continue to take great care as you walk along the road.

A short distance (300meters) along East Mersea Road, you will come to a foot bridge on your left which leads you to the continuation of the sea wall.



# MERSEA XMAS 13 MILE CHALLENGE

## ITINERARY 2025



1

All the fun starts and finishes here, heading west from **Coast Road Car Park** 30 Parking spaces with an all day cost of £6.00. It also marks the finish line. Meet us in the Coast Inn pub after the walk for a celebratory drink.

2

Head to the end of **Coast Road** and walk around the back of **Dabchicks Sailing Club**. Continue along the sea wall from here.

3

The sea wall ends at the road. Head north along **Colchester Rd** until you get to **The Strood**. Take great care here as there is no footpath and fast moving traffic. Keep well to the right.

4

A short distance (300meters) along **East Mersea Road**, you will come to a foot bridge on your left which leads you to the continuation of the sea wall.

5

Turn right here onto **East Mersey Road**. Continue to take great care as you walk along the road.

6

This is a long meandering sea wall with stunning views. Look out for any seals in the water and oyster farms that supply many top rated restaurants. You will hit a gated section of the footpath that will require you to put your dog on a lead. This is because it runs along cattle grazing land where animals can easily get spooked.

7

Here you arrive at Cudmore Grove where there are toilet facilities next to their car park area!

8

**Coopers Beach** marks the start of a small inland detour to avoid the broken and dangerous sea wall. Head north at the cafe till you get to the church, turn left onto the bridle path, head west till you get to the road, turn left and walk through **the entrance to Outdoors Essex**, follow the public footpath around the edge of their site and head back to the beach.

9

This marks the point you will meet back at the beach, just short distance to **Waldersgraves Holiday Park** where you can choose to walk up onto the sea wall where the walking is easier.

10

Here is a good point to get off the sand and up to the road by climbing **Monkey steps**.

